



About Heather Dane

A former high-powered corporate executive who suffered massive burnout, Heather Dane took a radical career leap after spending many years investigating the cause of her myriad health problems. Now a highly sought after Health Coach, Dane combines her accumulated business and health acumen to support thousands of people in healing naturally with lifestyle, nutrition and nutritional supplements.

As the official personal health coach to world renowned alternative health pioneer Louise Hay, Dane has joined forces with her to bring the most cutting edge wisdom including a culmination of Hay's lifetime of work in their two books, [Loving Yourself to Great Health](#) and [The Bone Broth Secret](#). These books reveal how making loving choices about the food you eat and the thoughts you think can deeply nourish your body and soul. Heather is a regular contributor to Mind Body Green, Price-Pottenger Nutrition Foundation Journal, HealYourLife.com; and she has a Hay House Radio show that airs on Tuesdays.

Considered a 21st century Medicine Woman, Dane draws from her Native American lineage, combining ancient wisdom, her myriad holistic /alternative health training, as well as modern technology to offer the most cutting edge prescriptive remedies for your health. She specializes in supporting people to resolve addictions, weight challenges, stress, chronic fatigue, depression, autoimmune illness, energetic sensitivity and much more, while enhancing their capacity for self-love and self-care.

